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## **Careful Food Preparation Is A Necessary But Not Sufficient Condition To Reduce Foodborne Illnesses**



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ne of several comments that we have run across since we began writing about food safety is that imposing additional requirements on slaughterhouses are unnecessary because the ultimate responsibility belongs to the person cooking the meat.

One person writes, "Just cook it stupid! We're trying to protect

people from ignorance...never going to happen no matter how hard producers or government

tries. A blogger responding to that comment says, "Amen. Brother!!! Americans would rather [complain] about everything than take personal responsibility. Leave the patty in the pan until it

is 160 degrees, problem

solved. We believe that those preparing food items should engage in safe food handling procedures including frequent hand washing and the use of separate cutting boards for meat and vegetable products. Certainly it would not hurt for the United States Department of Agriculture (USDA) and the Food and Drug Administration (FDA) to better communicate importance of safe food

handling in restaurants

and at home. However, cooking the hamburger patty to 160 degrees may not prevent the spread of E. Coli O157:H7 unless the cook's hands were washed before making the patty, after making the patty and before touching any utensil or food item, and after putting the patty on the grill and then washing both the hands and the plate used to take the raw hamburgers to the grill (someone else will need to open the door back into the kitchen). You get the idea. It doesn't take much of a slip to cross contaminate other

food or serving items. That being said, we of course agree that safe food handling in the home including cooking hamburgers to 160 degrees in the middle is a necessary element of a national food safety program. But while at the current time it is a necessary element of a food safety program, it is not

sufficient to reduce the number of people falling ill from foodborne illnesses to less than the cur-

rent one in four per year.

We recently read a meatingplace.com posting by Richard Raymond, a former Food Safety and Inspection Service (FSIS) official. He noted, "As a result of the Salmonella Initiative and industry efforts, positive carcass rinses dropped from 16.3 percent in 2005 to only 8.5 percent in 2007.... Yet, this same...report showed that foodborne illnesses from Salmonella did not decline during the same time period. Richards concludes, "If dropping the rate of

positive carcasses by nearly 50 percent did not reduce illness.... Maybe the 'change' we need is testing of chicken parts and mechanically separated meat instead of carcasses?" Using an enhanced rinse technique to ensure

reduce pathogens on poultry carcasses is a necessary element in improving food safety. But as we have seen in this case it was not sufficient to reduce the number of Salmonella related illnesses. At this point in the discussion of food safety,

we think it is helpful to make a distinction among three concepts: processes, testing procedures and public health results. When we were youngsters learning how to bat

a ball, our coach always said: "Keep you eye on the ball.' That's what we need to do when it comes to

food safety: keep our eye on the ball. And the ball is results, significantly reducing the number of people suffering from foodborne illnesses. There are all kinds of procedures that can be

discussed: HACCP, hands on federal inspec-

tions, improved rinses, changes in plumbing and air circulation.... All of those are fine and implementing some subset of all possible procedures is a necessary element in improving food safety. But unless they eliminate foodborne illnesses that can be traced back to the slaughterhouse that provided the boxed beef to the downline processor, such procedures are not

Similarly, while testing of carcasses, primal cuts, mechanically separated parts, etc. is a necessary part of the process of improving the safety of the food we eat, it is not sufficient unless this testing results in changes in procedures that eliminate the relevant pathogen and result in fewer foodborne illnesses.

In the end, it is all about providing the public with the safest food possible so that the number of people who fall victim to foodborne illnesses each year can be significantly reduced. That each year one in four US residents experience a bout of illness caused by a foodborne pathogen is a startling statistic.

## efter To The Editor

In reading Dr. Daryll Ray's "policy pennings" in the 17 Jul issue I was seriously taken aback!

Dr. Ray, is without doubt, one of the foremost thinkers on agriculture policy and social implications. And he is invariably correct in his basis of thought, logical processes and conclusion. But for one who appeared to be on top of all facets of our industry, he really missed it this time.

The last paragraph of his piece questioning the apparent lack of awareness/knowledge/concern (my terminology) on the part of 'cattlemen'"and why "they", if "they" are aware were not demanding legislative and regula-

Well, dumping the NCBA and R-CALF in the same pile of cow manure was the first serious mistake. NCBA has always promoted a "hands off" policy for the packing industry - hence, how we got here and the basis for his article. And the reason for the creation of R-CALF in the first place!

R-CALF, on the opposite hand, since it's inception has constantly and vigorously opposed much of what the packer industry does to isolate itself from common, sensible and existing legal controls. I cannot go into detail about the tremendous amount of money (from small farmer and rancher members) spent or the thousands of hours or the personal visits lobbing Congress and the USDA to correct the very thing the Ray piece addressed. R-CALF can and I am forwarding this article to them to address as only they

Perhaps Dr. Ray didn't intend what the paragraph stated. Perhaps he is truly unaware of the R-CALF concerted efforts on the part of real cattlemen to correct the industrial meat process bad performance and publicity. If so, shame on R-CALF for not getting out the words.

I will not change my very favorable opinion of Dr. Ray and what he routinely espouses, but I truly hope he looks a just a little further into some issues.

Respectfully,

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## (Darryl Ray's Response)

Actually, we were registering our surprise that members of beefrelated organizations were not more forcefully pressuring their organizations' leadership to make slaughterhouse trace back of E. coli O157:H7 a high or higher priority issue.

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> In response to an argument the all of the food safety concerns are a symptom of American society being "too clean," James Marsden, Kansas State University Regent's Distinguished Professor of Food Safety and Security, writes: "Regarding the argument that our society is "too clean," one way to evaluate the success of public health improvements is to evaluate their impact on life expectancy.

> "During the 20th century, systematic improvements were made in food safety, medicine, and hygiene. These include pasteurization of milk, chlorination of water, the development of antibiotics and vaccines, and refrigeration infrastructure and aseptic processing of food products. "In 1900, the average life expectancy in the US

> (http://www.elderweb.com/home/node/2838). By the year 2008, life expectancy increased to (http://www.kaisernetwork.org/daily reports/health2008dr.cfm?DR\_ID=46838).

> Marsden continues, "Of course, this increase is due to multiple factors. However, nutrition and the cleanliness and safety of foods have had a positive effect on overall health and life expectancy.'

> As Congress and the administration wrestle with the issue of food safety, additional progress is required in order to reduce the incidence of foodborne illness well below one in four people each year.

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DR. DARYLL E. RAY: Agricultural Economist,



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